



Salish Youth Network Collaborative

HOW TO
SUBMIT A
SYNC
REQUEST

Visit the website & click the SYNC REQUEST tab:
www.sync.salishbehavioralhealth.org
call or e-mail us



WHO WE SERVE:

We provide care coordination to youth and their families with complex behavioral health needs across Clallam, Jefferson and Kitsap Counties in Washington State.

WHAT IS OUR GOAL:

SYNC requests are tailored to meet the needs of the youth referred, such as providing resource connections, coordination of services, and/or Multi-Disciplinary Team (MDT) meetings. For more complex needs, MDT meetings are convened with partners from the youth's community, the program Steering Committee, and beyond.

**Join the Salish BH-ASO
Community Resource Fairs
(Behavioral Health Community Summits)**

AN INVITE FOR EVERYONE:

**SEE CALENDAR,
NEWS AND EVENTS
FROM SYNC
PARTNERS :**



Tues. September 19, 4:00 pm - 6:00 pm

Forks

Clallam- Forks Community Hospital,
Lee Merrick Conference Rom, 550 5th Ave.

Tues. October 3, 4:00 pm - 6:00 pm

Bremerton

Kitsap- Marvin Williams Recreation Center,
725 Park Ave.

Thurs. October 12, 4:00 pm - 6:00 pm

Chimacum

Jefferson-Tri-Area Community Center,
10 West Valley Road,

SUPPORTING HEALTHY GROWTH: SOCIAL AND EMOTIONAL LEARNING

Stay Connected

Help them make a plan and problem-solve

Keep communication lines open!

(Learn more at: <https://casel.org/>)

Partner Spotlights

WWW.OWL360.ORG

**THE NEST, 1119 LAWRENCE STREET.
UPTOWN PORT TOWNSEND**



(360)344-2374



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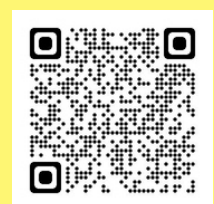


THE NEST PORT TOWNSEND

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SEQUIM WA 98382**



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OLYMPIC PERSONAL GROWTH

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- OWL360, a non-profit based in Port Townsend, recently opened The Nest, a community coffee house open to all people with a focus on supporting young people ages 14-25.
- The Nest's mission is to provide young people access to resources, support services, activities, and opportunities to build community connections.
- Resource Navigators help with: finding scholarships, reproductive health access, career counseling, housing, mental health resources, and more.
- The coffee companions who work at the coffee shop are trained in peer support.
- There is a "pay-it-forward" system so any young person needing a drink or food can access that at any time, no questions asked. Anyone who wants to contribute to the pay-it-forward fund can make a donation at the coffee counter.
- The Nest has regular events and activities such as youth open mic, karaoke, book clubs, art activities, clothing swaps, gaming, Dungeons and Dragons (D&D) and much more.
- Olympic Personal Growth Center (OPG) in Sequim is a Substance Use Disorder (SUD) center that has been serving Youth and Adults in Clallam County for twenty years.
- Services include drug and alcohol assessment, individual therapy, and group therapy.
- OPG provides education and skill building to support recovery. They focus on peer support services and offer gender specific groups.
- They host youth focused events & have flexible hours for accommodating family schedules.
- OPG is helping the community to support one another while creating prosocial and healthy connections. OPG Administrator, Kristina said, "Emotional reengagement is crucial, and the opposite of addiction is connection."
- Staff work to ensure services can be affordable for all in need.



1-800-585-8477

**WWW.SYNC.SALISHBEHAVIORALHEALTH.ORG
PROGRAM EMAIL: SYNC-SBHASO@KITSAP.GOV**

**SYNC IS NOT A CRISIS RESPONSE PROGRAM. SALISH REGIONAL CRISIS LINE: 1-888-910-0416
NATIONAL SUICIDE PREVENTION LIFELINE: 988**