



Salish Youth Network Collaborative



WHO WE SERVE:

We provide care coordination to youth and their families with complex behavioral health needs across Clallam, Jefferson and Kitsap counties in Washington state.

OUR GOAL:

SYNC requests are tailored to meet the needs of the youth referred, such as providing resource connections, coordination of services, and/or Multi-Disciplinary Team (MDT) meetings. For more complex needs, MDT meetings are convened with partners from the youth's community, the program Steering Committee, and beyond.

NOV. 2 & DEC. 7, ...(SERIES)  
3:30-4:30PM  
PORT ANGELES  
MAIN LIBRARY ON PEABODY ST.  
BETWEEN BOOKS & CRAFTS  
(GRADES 4-7)

NOV. 15, 4-6:30PM  
BREMERTON, ROXY THEATER  
KITSAP PUBLIC HEALTH  
FILM DOCUMENTARY + MORE  
SCREENAGERS, UNDER THE INFLUENCE  
(AGES 12 AND UP,  
PARENTS & GUARDIANS...)

YOUTH  
FOCUSED  
EVENTS



FROM  
VARIOUS  
PARTNERS

Event Calendar  
& Details



COMMUNITY INFO PAGE

DEC. 1, 5:30-7:30PM  
PORT TOWNSEND  
THE NEST @ OWL360 ON LAWRENCE ST.  
SPOKEN OPEN  
(ALL AGES)

Holiday  
Mental Health  
Tips

Don't worry about how things should be.  
Be realistic, not a superhero.  
Volunteer & keep your own well-being in mind.

NAMI, Beat Back the Holiday Blues



# Partner Spotlights

**KMHS.ORG**

**(360)373-5031**



**MADRONA DAY TREATMENT PROGRAM**

- Kitsap Mental Health Services (KMHS) offers many programs to serve individuals of all ages.
- The Madrona Day Treatment Program provides specialized education where students can build skills to safely be part of the classroom community.
- Students are referred to Madrona by their school and come from 12 school districts. On average, students attend Madrona for a year and a half.
- There are two campuses in Bremerton, serving 44 students across elementary, middle, and high school grade levels.
- Therapeutic programming at Madrona can include therapy, case management, independent living skills, field trips, art therapy, facilitated exercise and meditation, seasonal equine therapy, and a four-week extended school year summer experience with hiking and other activities. Supported internships are available for older students.
- Staff are trained in crisis response and trauma informed practices.
- Madrona helps each student succeed by creating trust and belonging.

**PENINSULABEHAVIORAL.ORG**

**(360)457-0431**

**f PENINSULABEHAVIORALHEALTHWA**  
**i PENINSULABEHAVIORALHEALTH**



*Hope starts here*  
**SUPPORTING YOUTH AND FAMILIES WITH  
OUTPATIENT SERVICES AT PBH**

- Peninsula Behavioral Health (PBH) is a comprehensive behavioral health center that offers a variety of services in Port Angeles and Sequim.
- Specific child and family services include Wraparound Intensive Services (WISe program), professional counseling for children, adolescents, and families, art therapy, play therapy, and group therapy, and a summer experiential social skills program.
- PBH coordinates with medical, educational, and other community service providers.
- PBH serves everyone regardless of insurance and accepts private insurance, Apple Health subscribers, and uninsured individuals.
- PBH has a dedicated child and family services building, the Youth Services Center, in Port Angeles.
- PBH's youth and family team includes a core group of four full time therapists, one-part time intern, and two supervisors. The team can provide flexible scheduling options.
- PBH also offers Youth Mental Health First Aid. Check out their website for more information.



**1-800-585-8477**

**WWW.SYNC.SALISHBEHAVIORALHEALTH.ORG**  
**PROGRAM EMAIL: SYNC-SBHASO@KITSAP.GOV**

**SYNC IS NOT A CRISIS RESPONSE PROGRAM. SALISH REGIONAL CRISIS LINE: 1-888-910-0416**  
**NATIONAL SUICIDE PREVENTION LIFELINE: 988**