



NEWSLETTER, JANUARY 2024

SALISH YOUTH NETWORK COLLABORATIVE

SYNC offers a spectrum of services in community-based systems coordination for youth with complex behavioral health needs and their families.

This includes resource referrals, coordinating new and existing support partners and facilitation of a multidisciplinary team meeting.

Anyone can make a SYNC request for a youth, regardless of insurance status.

FIND DETAILS & MORE YOUTH FOCUSED EVENTS ON THE SYNC EVENT CALENDAR



Sequim

Jan. 27th, 5-7pm

Teen Game night, clean and sober fun
Olympic Personal Growth (OPG)



Quilcene Community Center

Jan. 27th, 12:30-4:30pm

Create Your Own Snowglobe (All are welcomed)
Family Youth System Partner Roundtable (FYSPRT)



Kingston

Jan. 20th, 11am-2pm

Port Gamble S'Klallam
Tribe Resource Fair
(Open to the Public)

Mood Boosters!

A good laugh eases physical tension by increasing oxygen flow to the brain and body. Singing and social interactions are contributors to increased oxytocin for calming and peaceful benefits.

From: askthescientists.com/science-of-mood

Partner Spotlights



DISCOVERYBH.ORG
(360)385-0321

 **DISCOVERYBEHAVIORALHEALTHCARE**

**WRAPAROUND WITH INTENSIVE SERVICES
(WISE)**

- Discovery Behavioral Health (DBH) in Jefferson County offers many behavioral health service opportunities for youth including a Substance Use Disorder (SUD) Program, Crisis Services, community education, Therapeutic Services and Wraparound with Intensive Services (WISe).
- WISe is a voluntary and Medicaid only program. It is a 100 percent family led service based on needs and takes a team approach to support a youth and their family.
- WISe includes therapy, a Child and Family Team (CFT) including peer support for youths and guardians.
- WISe communicates with system partners, embed parenting skills, social emotional discussions, focused goal work and more.
- WISe is culturally sensitive, not time limited and helps erase barriers to empower people.

To access services through Discovery Behavioral Healthcare and WISe services, call (360)385-0321.



youthnet 

YOUTHNETNW.NET
(360)336-1610

 /YOUTHNETNW
 YOUTHNETFOSTERCARE
INFO@YOUTHNETNW.NET

**BEHAVIOR REHABILITATION SERVICES (BRS)
COMBINED IN-HOME SERVICES (CIHS)**

- Youthnet's Therapeutic Foster Network (also known as BRS) is an intensive wraparound support program for youth with severe needs and their families.
- This program recently expanded into the Olympic Peninsula and intensively serves youth in their homes who have complex behavioral needs.
- This program provides intensive case management and direct placement support, educational advocacy, relational mentorship, mental health support and advocacy.
- Direct services also include developing behavioral safety plans, consultation with a trauma specialist, psychological assessments, and crisis support.
- Youthnet also offers in-home parent skill-based programs and case management services (CIHS), including Promoting First Relationships (PFR), Positive Parenting Program (Triple P), and Family Preservation Services (FPS).

Social Workers through the Department of Children, Youth and Families (DCYF) may request BRS or CIHS services by speaking with their supervisor.



1-800-585-8477

www.sync.salishbehavioralhealth.org

SYNC-sbhaso@kitsap.gov

**SYNC IS NOT A CRISIS RESPONSE PROGRAM. SALISH REGIONAL CRISIS LINE: 1-888-910-0416
NATIONAL SUICIDE PREVENTION LINE: 988**